

JOB CAPACITY ACCOUNT SERVICES

Foundations

Hope, Value and Significance

What is it?

A group program for the long-term unemployed and job seekers lacking direction and commitment.

Aims

For job seekers to:

- ✓ develop a sense of self value and purpose
- ✓ be better prepared to participate and succeed in vocational programs
- ✓ develop foundation life skills to set and achieve goals and overcome life's challenges.

Who would benefit?

Job seekers who have:

- ✓ been long-term unemployed
- ✓ had a series of short-term jobs
- ✓ low self esteem and self confidence
- ✓ fear and anxiety about gaining employment
- ✓ no goals or vocational ideas.

WorkAble
Solutions

www.workable.com.au

Phone: 1300 73 44 91

The Program

6 x 3 hour group sessions.

Cost

\$1100 (including GST)

A non-attendance fee of \$110.00 will be charged.

How to Refer

Complete a referral form and fax to 02 8437 3519
or email assist@workable.com.au

**Referral forms are available from
www.workable.com.au**

**For more information
please contact us on
1300 73 44 91**

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WorkCover Provider Number: 302